

ARE YOU SICK!

Your Resolution Should Be:

"I will Get Well the Mechano-Therapy Way"

Mechano-Therapy is a scientific method of finding the cause of disease in the spinal column (back bone), and correcting that cause by adjusting the vertebrae (segments) of the spine to eliminate any pressure on the nerves that pass out from the spinal cord to supply all parts of the body with nerve force (life). When this is done nature will make you well. Mechano-Therapy adjustments open the channels for nature to do her work.

Let us explain how Mechano-Therapy will make you well. No charge for consultation.



So-called headaches, eye diseases, deafness, epilepsy, vertigo, insomnia, wry neck, facial paralysis, locomotor ataxia and other inco-ordinations are caused by pressure on nerves at this point.

Pressure on nerves in this part of the spine is the cause of so-called throat trouble, neuralgia, pain in arms, goitre, nervous prostration, la grippe, diarrhoea, bleeding from nose, disorder of gums, catarrh and other so-called "diseases."

Pressure on nerves here will cause so-called bronchitis, felons, pain between the shoulder blades, hay fever, writers' cramp, and other troubles.

Nerve pressure at this point causes so-called nervousness, heart disease, asthma, pneumonia, tuberculosis, difficult breathing and other lung troubles.

So-called stomach and liver troubles, enlargement of the spleen, pleurisy and a score of other troubles are caused by pressure on nerves in this part of the spine.

At this point we find the cause of so-called gall stones, dyspepsia of upper bowels, fevers, shingles, hiccoughs, worms, and many other inco-ordinations.

Pressure on nerves at this point will cause so-called Bright's disease, diabetes, floating kidney, skin diseases, boils, eruptions and rheumatism.

Such troubles as so-called appendicitis, peritonitis, lumbago, etc., yield to Mechano-Therapy adjustments in this part of the spine.

Why have so-called constipation, rectal troubles, sciatica, etc., when adjustments at this part of the spine will eliminate the cause?

A slight displacement of one or both hip bones will produce so-called sciatica, together with many "diseases" of pelvis and lower extremities.

For any of these ailments, or that dreaded pain in the side and back see

DR. W. J. WOOD, M. T.

I SPECIALIZE IN CHRONIC DISEASES OF THE HUMAN BODY. TEN YEARS' EXPERIENCE. I HAVE ALWAYS BEEN ABLE TO GIVE RELIEF.
402 NORTH GREENWOOD STREET, TULSA, OKLAHOMA.

DO COLORED EDITORS MEAN TO PUSSYFOOT?

(By Edgar G. Brown.)
INDIANAPOLIS, Ind., Mar. 9.—As I have been a constant reader of your splendid paper for over a year, I would like to submit to you the following statement which I hope you will find space in your paper to print.

I have received one hundred and two letters from editors all over the country which on the whole expressed this statement, "I am not particularly interested in who is the nominee of the Republican party. It matters not what his name may be or what his vocation may be, if he is right on the question affecting my race and the business of this country, he is my candidate."

I am in complete sympathy with the thought that he (candidate) must be right on the Race question, I would be a traitor if I were not, and I, also, believe that the candidate of the Republican party must be an out and out American, concerned primarily with the business of this country like Lincoln of old and the late Theodore Roosevelt.

I take direct exception to the statement that it matters not what his (the candidate's) name may be; because, first this statement means nothing but evasion of the issue and saviors of the usual political pussyfooting, and secondly because back of a candidate's name is the man and his record both of which can be studied.

One hundred and twenty-three

editors have fearlessly chosen General Wood as the champion of the Square Deal to all men. What is the matter with the one hundred and two? The facts, the past records, and the present utterances, and platform of General Leonard Wood are open to all alike. Are we to forever go on leading only where there is darkness?

I think the Colored people of the United States are entitled to know that General Wood is right on our question, that he is the only candidate up today to openly champion the cause of every American white or black who is in trouble and that it does matter to two million Colored voters what the candidate's name is for president of the greatest Democracy in the world.

AMERICAN NEGRO PRESS NEWS NOTES CONDENSED

WASHINGTON, D. C., March 12.—The "Church of Christ," a Negro organization, is engaged in disseminating the doctrine of "back to the farm." At a recent solemn confirmation service held here in the 5th Church of Christ, Archbishop Higgs, clad in gorgeous purple robes, ordained two ministers as bishops, and he announced his purpose of placing a bishop in every large city.

NEW YORK, N. Y., Mar. 12.—The annual report of the General Education Board, just made public, declares one of the principal needs of the Negro is leaders of his own race.

The board is giving special attention to development of schools giving academic training in medicine, law, ministry and business.

RICHMOND, Va., March 12.—A meeting under auspices of Colored Voters' Club of Jefferson Ward held last week extended an invitation to the Colored women of that ward to attend and hear addresses of Colored leaders.

BALTIMORE, Md., Mar. 12.—Justice Rohleder of the Northeastern police court of this city recently told a delegation of white women that he could do nothing to prevent a Negro family from moving in their neighborhood, as the higher courts had ruled against segregation.

NO MORE LYNCHINGS SOUTH SAYS DR. MOTON

N. C. Governor Calls Negroes "Brothers"—Cited As Gratifying Indication.

(A. N. P. Service).
BOSTON, Mass., Mar. 12.—Within a few years there will be no more lynchings of Negroes in the South, Dr. Robert R. Moton, of Tuskegee Institute predicted in an address here. The Governors of North Carolina, Georgia, Tennessee and Kentucky have pledged themselves that so far as is humanly possible, there will be no lynching in their states, while they are in office, he said.

As an instance of what he said was "the very gratifying attitude of the best people of the South toward the Negro," Dr. Moton said the Governor of North Carolina recently recognized a Negro committee as "brothers."

Bargains at Hooker & Elliott's Store.

White GLOVES for funerals and Lodges, \$2.35 per dozen and up. Crepe, Ribbon and Hosiery at reasonable prices.

Send us your Mail Order. We are prepared to take care of your needs. ELLIOTT & HOOKER CLOTHING STORE

Ladies' Beard-to-wear an Notions. 124 North Greenwood Street.

BEING DISCARDED AS LEADER

Dean Pickens Says Race Opponents Are Worried Over Leaders Selected by Negroes for Themselves

(A. N. P. Service).
Now and then somebody pays an indirect and unintended compliment to the growing power and group consciousness of Colored Americans. Recently the enemies of the Negro race have "paid attention" to the Negro press. They have even "cussed" out the Colored papers in Congress and wanted to legislate them out of existence in that Graham Bill. That is the greatest recommendation ever given the Negro press. When they meant nothing and stood for nothing and had no sort of backbone about anything, nobody worried about them. Some people smiled patronizingly at their platitudes. When one got a little bolder than the rest, they killed it, as they did The Voice of the

Negro in Atlanta Ga.—But now the Negro press as a whole has risen to a tone and pitch that commands the ear of the Enemies of the Race.

But the greatest compliment ever paid the growing consciousness of the Race, is the fact that the enemy is now beginning to worry over the kind of Leaders which the Negro race is appointing for itself. It need not be asserted and cannot be denied, that in the South the white people have generally "appointed" such Negro leaders as they saw fit. They did it indirectly; they would only "listen to such and such a 'level-headed' Negro—and when Colored people wanted to confer with white people, this Negro must be the medium thru which, however the Colored people might despise and distrust this very Negro."

And, behold the other day a white Congressman shouted out words to the effect that white people had better begin to pay more attention to the leaders which they ordain for the Negro, lest the leaders which the Negro is appointing for himself get the better of the matter. He points out in plain words that the super-imposed leaders are beginning to be discarded by the Colored race, and asks that the white people who want "their Negroes" to stay on the job, had better begin to give extra attention to them and help to build them up in the regard of Colored people. The Congressman's idea is the old one; that whenever these favored leaders ask for anything "for the Race," the whites must seem to give ear to it and hear it favorably so that the race will fall in line behind these usable leaders.

To be brief and to the point, it is just like bear hunting; we set a trap and leave a piece of beef for the bear.—But in order that we might eat the whole bear later.

It is up to the Negro race to open its eyes and consider in all such cases whether it wants a temporary or a permanent advantage. It is a plain issue.—Wm. Pickens.

Mrs. N. M. Robinson of 405 Frankfort, who has been ill for some time, is now convalescing.

Miss Jennie May Douglas, 504 N. Hartford is convalescing from an attack of pneumonia.

Mrs. Emma Meacham, 118 N. Hartford, returned from Wichita, Kans., Sunday evening where she had been visiting her relatives.

MORROW FIRED SHOT HEAR* AROUND WORLD

Mobbing To End When People of U. S. Want it.

(A. N. P. Service.)

NEW YORK, Mar. 12.—Speaking before a mass meeting called by the National Association for the Advancement of Colored People, in the Metropolitan Baptist Church of New York, John R. Shillady, declared that with more state governors like Edwin Morrow of Kentucky, lynching and burning at stake could be ended in the United States.

"Mobbing in the United States can be ended whenever the people of the United States want it ended," said Mr. Shillady. "Whenever the people make up their minds that the mob must be put down, its government of their communities will act accordingly."

"In the main governors and sheriffs allow Negroes to be lynched and burned and tortured, because the people of their communities tolerate such outrages."

"With more governors like Edwin Morrow of Kentucky, the worst blot on American civilization can be expunged. When a lynching mob meets machine guns, its enthusiasm vanishes. Lexington, Ky., has fired another shot that will be heard around the world."

POLICY OF SLAVERY PROMOTES RADICAL DISUNION

American Negro Realizes that Organization Brings About Justice.

NEW YORK, N. Y., March 12.—Among the 15,000,000 Negroes in the United States, the realization is growing that they must organize to obtain justice, according to William Pickens, formerly dean of Morgan College, who spoke at a meeting held by the National Association for the Advancement of Colored people.

"It is not the policy of Slavery," said Mr. Pickens, "or oppression to teach the enslaved or oppressed how to organize. Indeed, it is the policy of slavery to keep the enslaved apart, to discourage any contact that should make for exchange of thought."

"The state of half freedom which came to the Negro after the Civil War made organization among the members of his Race and its friends imperative, but past history had made such organization impossible

of immediate realization. Many rival secret societies and warring church denominations sprang up among the Colored folk, but not until about fifty years after the Civil War period was it possible to create an organization like the National Association for the Advancement of Colored people.

"What appeals to some people as ground for criticism against the N. A. A. C. P., is in fact its greatest virtue and best security for success; that it consists of both white and Colored working together for the adjustment of matters between the races."

"The 'Race question' is really the problem of both races, altho we call it 'The Negro Problem.' That does not mean that it is the Negroes' question. There are two races concerned, and the matter cannot be settled with one race absent. Even the white race, which is the strongest race, could not settle the matter alone."

"When ten years ago, Miss Mary White Ovington called together some white and Colored people and started the Association, then it was that the first real step was taken toward the solution of the problem of the half-free Negro in the United States."

ALABAMA STATE TEACHERS HAVE UNUSUAL PROGRAM

An "Inter-Racial Friendliness Meeting" Aims to Create Closer Union

(Star News Service.)

BIRMINGHAM, Ala., Mar. 12.—The teachers of the Colored schools of this state have arranged for a meeting to be held in this city March 31 to April 3. This conference promises to be of more than ordinary interest to both the teachers and the Colored people of Alabama, for the reason that the program has been made broad enough in scope to take up the discussion of the question of "Inter-Racial Friendliness," and an entire afternoon has been set aside for this purpose. An excellent program of addresses by noted educators of both races has been provided. Dr. James A. Bragg, president of this association, believes that this conference will initiate an era of greater educational progress for the Race, and at the same time bring about better and more amicable relations between the two races.

Elks' First Ball And Reception

Under Auspices of Cosmopolitan Lodge No. 247

Improved Benevolent Protective Order of Elks of the World

At Convention Hall, Tulsa, Okla., 19, 1920

Friday Night, Mar.

Special Jazz Music for This Occasion

Every Lady Present will be Presented with an

ELK SOUVENIR

SPECIAL NOTICE

The Lady selling the highest number of tickets over 50 will be given a FREE TRIP with all expenses paid both ways, from Tulsa to Kansas City and return, in August, at the Grand Lodge and all expenses paid while in Kansas City. Our Brother Elks in Oklahoma City, Oklahoma and Muskogee are extended a cordial and fraternal welcome and requested to be present.

Doors Open at 8:30 p. m.—Admission, \$1
Ladies Admitted Free with an Escort, One Lady Only With Escort.

C. E. CORBETT,
Exalted Ruler.
ED. HOWARD,
Master of Social Session.

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I am the working man and friend. I arose like the Boston Tar-Baby. I am a Stumbling-block in the other Barbers' way. Come and let me cut that hair, and do that shaving. 318 E. Archer.

Hair Grower Salve and Hair Glosser will make harsh, short, stubborn hair, grow soft and long. The growth coming directly from the Bulbous Hair Roots. Apply at 320 N. Frankfort St., Tulsa, Oklahoma. Mrs. A. Smitherman.

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The old reliable, now starting at this new famous place of service, 20 years of real Barber experience, with all new ideas. Hair straightening a Specialty. J. B. BEASON, Assistant Manager. Red Wing Hotel Bldg. 208 N. Greenwood Tulsa, Okla.

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